

## WINTER-SPRING ENNEAGRAM COURSES taught by Dr. Paul Hanneman

### WHO'S DRIVING THE BUS? THE ENNEAGRAM AND THE SUPEREGO

*Who's actually in charge in your life?* The superego, also known as the inner critic, is an internal force we generally assume is a necessary moral compass. However, it can attack us relentlessly, often undermining our most determined efforts to grow and prosper. Using exercises, practices, and inner work, participants will learn how to recognize their inner critic and its functioning within their Enneagram ego type. They will also learn how accessing strength, truth, and compassion can liberate us from its dictatorial grasp, allowing us to take a step toward experiencing the freedom and vitality of the human soul.

**Eight Tuesdays, January 19-March 9, 5-7 pm MT (limit 20)**

**Tuition** – \$150 (scholarships and payment plans available)

### THE ENNEAGRAM – AN INTRODUCTORY WORKSHOP

The Enneagram offers an accurate description of the inner geography of our minds:

- It describes nine fundamental personality types -
  - each has its own internal logic and mental/emotional patterns
  - each has strengths, talents and gifts
  - each has limits, pitfalls and blind spots.
- It describes the thought we automatically think all day long
  - it calibrates the high energy levels we have for some things and not for others
  - it reveals our biggest problem and our greatest gift - remarkably they are the same
- it offers specific directions for personal growth
  - it is a powerful, transformative tool for moving deeper into one's life...towards soul

**March 19-20, 2021**

**Friday evening, 5-7 pm MT** – Getting our bearings

**Saturday morning, 9 am–noon MT** – So you have a personality...

**Saturday afternoon, 1-3:30 pm MT** – If you're not your personality, who are you?

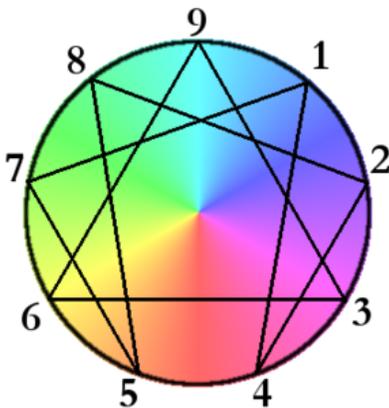
**Tuition:** \$75 (scholarships and payment plans available)

### THE DEEPER ENNEAGRAM - OPENING TO CLEAR MIND

At its core, the Enneagram helps us become more connected with our deeper, true heart and our higher, clear mind, bringing the deeper riches of soul into communion with our everyday life. This course will center on the transformation of mind from inner chatterbox and dull, repetitive states of consciousness to bright, peaceful, and spacious qualities of direct knowing. As you learn to bring more presence to the habitual patterns of your thoughts and perceptions, emerging foundational views of reality can begin to open you to a much broader range of response and understanding, softening rigid ego patterns without rejecting them.

**12 Tuesdays, April 6-June 22, 5-7 pm MT (limit 20)**

**Tuition:** \$200 (scholarships and payment plans available)



**Rev. Dr. Paul Hanneman** is a certified Enneagram trainer who has studied with Don Riso and Russ Hudson, Tom Condon, and Helen Palmer. He has taught the Enneagram for more than 25 years.

**For more information and to register,** contact Dr. Hanneman at [pahenc1949@gmail.com](mailto:pahenc1949@gmail.com)